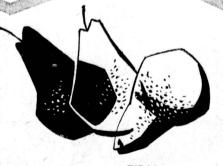


VA. WORFUL

MOUNTAIN GROWN



SWEET

EXTRA LARGE CANTALOUPE

CRISP GREEN

CUCUMBERS Oc.

FIRM RIPE TOMATOES

SWEET

FRESH BLUEBERRIES

baskets

ARROW HARCOAL

C save

e good fishioned pancakes!

s incake Mix **29**¢ Prcake Syrup 29¢

aple Juice

59c Con Twith Beans. Easy "homemade" flavor! 15 or. 3 for \$ 1 Cc Carne

FROZEN

othe Week



\$5.45 value \$399



DEL AMO SHOPPING CENTER CORNER OF **HAWTHORNE & SEPULVEDA**

MAGIC CHEF



U.S.D.A. GRADE "A" FRESH CHICKENS

U.S.D.A. Grade "A" Fresh. Fry them and freeze them to take along on a holiday picnic!

body

FRESH FRYER LEGS & THIGHS

U.S.D.A. Grade "A" Fresh. Tender, white meat for low budget company or family dinners! FRESH FRYER BREASTS

U.S.D.A. Grade "A" Fresh. For picnic hamper or family meal, everyone likes fried chicken!

FRESH CUT-UP FRYERS

33% 33%

U.S.D.A. "CHOICE" BEEF

CLUB



FRESH, LEAN GROUND

79i

U.S.D.A. "Choice" Beef. Tender, juicy and expertly trimmed to give you full food value!

FAMILY STEAKS 79° U.S.D.A. "Choice" Beef. Show off with a tendor, juicy steek cut just right for broiling!

RIB STEAKS U.S.D.A. "Choice" Beef. Build a satisfying meal around this savory, economical roast!

BARBECUE SPECIALTIES!

BONELESS BEEF ROAST

LUER TAVERN BONELESS HAM 89i

Morrell Pride Barbecued Ribs Completely cooked, heat & eat 98% Boneless Turkey Rolls No bones or waste, a real rotisserie treat 89%

Fresh Dover Sole Fillets 69% Frozen Eastern Whiting 29% Fish Sticks in Pissa Sauce frozen 12 oz. pig. 59° One of the best ways to fry fish is in a coating of bread crumbs which uses the technique of dipping the fish in flour, egg and milk; then in crumbs.

An unusual and flavorful switch on this method is suggested here where fish fillets or steaks are marinated for two hours then coated in the crumb mixture.

For the marinating, use one of the new homogenized pourable dressings. Although the recipe here calls for mayonnaise pourable dressing, you might also use Cheddar Bleu or the garlic French dressing.

NEW FRIED FISH
15 cup mayonnaise flavor
pourable dressing
1 lb. fish filets or steaks
Fine dry bread crumbs
Oil for frying

Pour dressing over fish; turn fish to coat. Cover. Mar-inate in refrigerator about

Remove fish from marinade.

Dip into bread crumbs. Let stand 10 minutes before fry-

ing. Meanwhile, pour oil in stur-

Home Canned Foods Are Delicacies

as gifts, pride in your hand work has a right to lift

Pickled Onions
Peel small white onions.
They peel easily if they are placed in boiling water for about 30 seconds and then plunged into cold water.
Make enough brine to cover the onions by dissolving 1½ cups salt in each 2 quarts boiling water. Let onions stand in the brine for 2 days.
Drain and cover with fresh brine; let stand 2 days and again drain.

Make More Brine Make more brine of same strength and bring boil. Add onions and boil

boll. Add onions and boll 3 minutes. Drain.

Put onions in clean, hot jars. If desired, alternate with mace, white peppercorns, choves, pieces of bay leaf and slices of pimiento.

Combine 1 cup sugar with each gallon of vinsegar needed and bring to a boll. Pour hot over onions and fill the jar to overflowing.

to please any cat ..



all tuni liver'n meat chicken fish meaty mix

kidney 'n meat

CAT FOODS





HERE IS a new way to cook salmon steaks. Marinate them in new mayonnaise flavor pourable dressing, then coat them in crumbs and fry until golden.

FISH FRY

New Marinade Makes Fish Steaks Unusual



Just Heat 'n Servel





More kinds of more people listen most to **KMPC** dial 710